Sunday:

I was thankful that I had some bubble tea. It tasted really good.

I was thankful that my mother had a video talk with me. It was really fun and relaxing.

I was thankful that I finished all of my work today so that I can start to find job.

Monday:

I was grateful that I got into all of the classes.

I was grateful to Ms. Chichester who opened a new section of IED.

I was grateful that I had my white noise machine that can help me to block the noises.

Tuesday:

Grateful that I finished my lab question ahead of time.

Grateful that I noticed that we have mini experiment due this week, so that I won’t miss the deadline.

Grateful TA in the lab helped me a lot.

Wednesday:

Thankful I had a good sleep last night. I hadn’t had a good sleep for a while.

Thankful I finished reading the Happiness Advantage today. We have a discussion tomorrow.

Thankful I found a new virtual youtuber. She (or he?) is so cute!

Thursday:

I was thankful that I had an ice cream from Ben and Jerry.

I was thankful that I finished all of my work today.

I was thankful that I kept doing gratitude journal. It teaches me a lot of things.